GUNNISON VALLEY HEALTH FOUNDATION 2021 ANNUAL REPORT



711 North Taylor Street Gunnison, CO 81230 970-642-8400

John S. Tarr Excellence in Clinical Nursing Award

A legacy of Stanley and Theodora Feldberg

stablished in September 2003, "The John S. Tarr Excellence in Clinical Nursing Award" was created with a \$25,000 endowment gift to Gunnison County Health by Stanley and Theodora Feldberg. The principal and income of the endowment were to be used to fund the expenses of the annual award and the monetary prize for the recipient.

Stanley stated, "The quality of care in any hospital reflects the skills, knowledge and dedication of the clinical staff that provides it, particularly the nursing staff that directly delivers the patient care." Consequently, the annual award was created to give recognition and a monetary prize to the Gunnison Valley Health nurse judged the best in the preceding year by the rest of the nursing staff and the active medical staff of the hospital.

During the month of December of each year, the nursing and active medical staff are offered the opportunity to vote by secret ballot for the nurse who best exemplifies dedication, knowledge and skill in providing direct patient care. The Board of Trustees counts the votes and presents the award.

The connection between Dr. Tarr and Stanley Feldberg began with treatment for a medical condition. A professional and social relationship developed that lasted for many years. Stanley asked Dr. Tarr how he could help Gunnison Valley Health and Dr. Tarr shared that he had always wanted to find a way to honor the nurses and frontline staff. One month later the clinical nursing award was a reality thanks to the endowment gift from the Feldberg family.

"Stanley and I remained friends until his death," stated Dr. Tarr. "We had many long and meaningful conversations about



healthcare—he had an intense interest in healthcare. He was a gentleman in every sense of the word and treated everyone with respect and graciousness."

This year, the winners of the John S. Tarr Excellence in Clinical Nursing Award are as follows:

Overall Winner:

Claire Miller - Patient Care Unit, Family Birth Center

Elizabeth Welsh - OR

Mary Riddle - Family Medicine Clinic

Sarah Fricke - Senior Care Center

Brittnie Ray – Home Medical Services

The High Peaks Employee Club **Taking Care of our GVH Community**

he members of the High Peaks Employee Club work to promote and conduct activities that give back to the GVH family and broader Gunnison Valley community. Its mission is to promote community spirit among the GVH staff through philanthropy as funding is generated through monthly contributions from employees.

The impact of the High Peaks Employee Club can also influence employees to be more philanthropic

 A story from one employee.

"I have never worked for an organization (other than the Marine Corps) who cares so much about the

general welfare of each other. It made me think a lot about how I can give back as well. To me, what you people did was huge but it also showed me that even if I do the smallest gesture for someone or something that tiny gesture may have a huge impact. I plan to donate to my late brother's favorite non-profit. Also, I am going to visit the VFW here in Gunnison in regards to finding a veteran here in the Gunnison Valley that could use some help. I would like to do what you guys did for me. With that I want to say thank you again."

High Peaks provided over \$4,000 in emergency support to staff in 2021 along with providing a BBQ for the annual staff softball game (pictured on the right). For the community, High Peaks collected over a dozen large bins of food for the local food pantry.

What patients are saying ...

"They were truly the nicest staff I've ever encountered in a medical space."





A Message From The **Executive Director**



O21 was an incredible year for the GVH Foundation in which we achieved several significant milestones. We acquired 137 new donors, executed a hugely successful, sold out gala at the Center for the Arts in Crested Butte, raised \$4.4 million in donations and pledges for the new emergency medical services (EMS) station and supported the development of a new behavioral health service line that started providing services in July.

The GVH Foundation also made great strides in completing many strategic initiatives in our strategic plan including increased visibility of Gunnison Valley Health and the Foundation in the community, solid execution of best practice nonprofit principles and adoption of strong development practices.

The mission of the GVH Foundation is simple: To support Gunnison Valley Health in the delivery of high quality healthcare in Gunnison County and the surrounding areas. I am pleased to share that we raised more money in 2021 than previous years which allowed us to develop and sustain critical programs including women's health care, behavioral health, paramedic services, concussion screening, hospice, senior services and so much more.

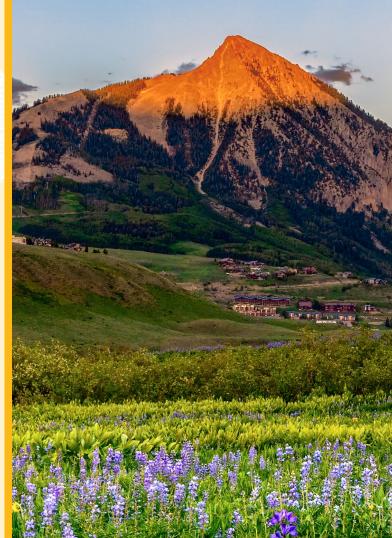
I am humbled by the incredible support of our community that has enabled us to be one of the best rural healthcare systems in the country. Gunnison Valley Health truly embraces an integrated health care model that allows our community to live a healthy lifestyle so we can enjoy all that the Gunnison Valley has to offer.

Our GVH team continues to meet the extraordinary challenges of the COVID-19 pandemic with selfless dedication to protect our residents and patients during uncertain times. It continues to be my honor to work for an organization that leads with integrity and employs people who are dedicated to providing extraordinary care to the members of our community.

With gratitude,

Jenny Birnie, M.S.W. Executive Director





A Patient Expresses their Appreciation

Our family would like to publicly thank Gunnison Valley Health for their excellent care of our son, a recent graduate of Western and current resident of Gunnison.

Our son arrived in the ER late on a Sunday night a few weeks ago. And from the moment of walking in the door, he received immediate attention, stabilizing him. Then, they never relented — investigating and researching what turned out to be a fairly rare syndrome (one in a million rare).

For the three days he was in the Gunnison hospital, he received compassionate care and attention from every doctor, nurse and medical staff, and when the doctor recognized his situation was worsening, arrangements for transport were made in an expedited manner. He was moved post-haste to a larger facility by competent and efficient paramedics — who took the time to explain processes, ensuring we had a full understanding of what would transpire. That's in addition to the many other medical staff who held this parent's hand, made reassuring eye contact with a deer-in-the-headlights mom, and walked us through each step of the process, caring for the parents in addition to the patient.

Thank you seems hardly adequate to express our gratitude to every member of the hospital. I have no doubt that the quick decisions made early on in his care in Gunnison made all the difference.

Joanne Foote and Ariston Awitan III Austin, Texas

Seconds Save Lives Campaign for a new EMS Station

he capital campaign to meet a critical need for a new station for Gunnison Valley Health Paramedics is successfully underway.

Gunnison County recently pledged \$2 million in support and Gunnison Valley Health will provide a \$2 million match! Donations and pledges from individuals and event proceeds total \$419,839. Launched last spring, the Seconds Save Lives campaign is just over halfway to the campaign goal of \$8.5 million. We need your help to reach our goal!

The Need

The current station is a prefab modular shell from 1998 that is outdated and undersized. It was designed for fewer and smaller ambulances, far less equipment, a small fraction of the current staff, and there are no sleeping quarters for on-call emergency responders.

The biggest problem with the current station is dangerously delayed response times to 911 calls. Industry standard night response is less than two minutes from dispatch to going enroute. Average GVH Paramedics response time at night ranges from 5 to 7 minutes. During winter, response time can double, and paramedics have been injured falling on the snow and ice trying to respond quickly to a 911 page. While morale remains relatively high, the burden of increased call volume, combined with an inadequate facility to respond, rest and rehab weighs heavily on all crews.

The Benefits

A larger, updated station on the Gunnison Valley Health campus will:

- Improve patient response time to 911 calls saving lives
- Improve patient safety, satisfaction rates and outcomes
- Expand services, including first aid and EMT training for the community
- Support the safety and health of the emergency responders
- Help our rural community recruit and retain health professionals





We Need Your Support

Unlike fire and police departments, GVH Paramedics are not tax-funded. Annual operating support for GVH Paramedics comes primarily from Gunnison Valley Health with minimal reimbursements from insurance. This funding does not cover capital costs, such as a new building.

Most people don't think of paramedics until they need to call 911. It's easy to assume emergency medical services (EMS) are available to us 24/7. The reality is that how EMS operates and how it's funded varies greatly across Colorado and the rest of the country. Rural EMS districts are increasingly vulnerable to scaling back, or, in some cases, even eliminating services.

EMS agencies are also diverse in the level of care they provide from first responder or basic first aid to paramedic or above level of care. GVH Paramedics are a team of 20 full-time and 10 to 20 on-call professionals, highly trained in all-hazard and critical care level response. They are the only EMS in the state cleared to transport and administer blood on ambulances and many personnel are flight paramedic certified. GVH Paramedics are leaders in the EMS industry and often set the precedent of how other EMS agencies train and operate.

The ability of GVH Paramedics to save lives and meet the needs of Gunnison County's patient population is directly related to the size, quality and efficiency of their facility and its equipment. A new station is urgently needed for GVH Paramedics to sustain their award-winning care.

The Seconds Save Lives capital campaign meets one of the most fundamental needs in any community – quick, reliable and expert critical care and rescue services 24 hours a day, 365 days a year. Please donate today! The next life they save could be yours.

What patients are saying ...

"Being 1700 miles from home and needing medical care can be unnerving but that was not a problem because of the great group of people who were both professional & compassionate."

Seconds Save Lives **Donors**

\$500,000-\$3 million

Gunnison Valley Health Gunnison County

\$100,000 to \$499,000 Loretta and Jeff Clarke

\$25,000 to \$99,000 Mary and Jack Blake

\$10,000 to \$24,999

Linda and Dr. Sanders Benkwith The Grubman Compton Foundation Monroe and Carol Spector Martha Violett

\$5000 to \$9999 Anonymous

\$2500 to \$4999

FCI Constructors, Inc. Tim and Christe Fretthold Jim and Kathy MacAllister Carol Ann May

\$1000 to \$2499

Diane Beaumont - Benchmark Mortgage

Laura and Josh Egedy Molly Eldridge – Coldwell Banker **Mountain Properties** James Jonely - ALSCO Scott and Kathy King Lee Loren Landkamer Estate Reggie Masters Polsinelli Sharon Schlegel Gary and Karen Shondeck Bob and Amy Skelton William and Suzanne Sullivan RM Taylor – Continental Divide Builders

\$500 to \$999

Laura and James Calvin Molly Eldridge A R Leach The Hasche Family Donor Fund James Hoenscheidt Kenny and Melody Marks Don and Linda Ringler Western Healthcare Alliance Tammy and John Scott Cathy Steinberger and Eric Peterson Scout and Martina Walton

Western Colorado University

up to \$499

Alpha Mechanical Solutions Belinda Baker Kay Branum Donna and Dick Bratton Diane Brown Jerry W. Brown Ann Burdine Susan and Pete Dunda Galen and Nancy Houston Richard and Sandra Karas Christopher Klein Construction, Inc. Michael and Linda McGrath William and Bonnie Meddock Ken Palmer Junelle Pringle Norman Savin Ellen Seale Zabel Patrick and Genie Shannon Dan and Joan Stansbury Gary and Theresa Steffens The Crested Butte Bank The Gunnison Bank Mary Toth

Gary and Jane Underwood



unnison Valley Health's Trauma Coordinator, Gina Lambert, and Paramedics Chief, CJ Malcolm, have been recognized by the **Emergency Medical Services Association** of Colorado as RN of the Year and EMS Executive-of-the-Year.

The RN of the Year award recognizes an RN who, by outstanding actions, contributes to the advancement of emergency care provided to the citizens of Colorado. The EMS Executive-of-the-Year award honors an individual EMS executive who serves as a role model for EMS managers throughout the state.

Both Lambert and Malcolm were nominated by colleagues who see the effort, time and skill they invest in their work. The nominations detailed numerous

Gunnison Valley Health Trauma Coordinator and Paramedics Chief Win State Awards

examples of reasons both Lambert and Malcolm are truly exceptional.

One nomination submitted for Lambert stated. "If I were bleeding on the side of the road, I would want Gina at my side. If I was involved in a pandemic crisis, I would want Gina at my side. Her passion is contagious and makes the trauma response in the Gunnison Valley so much more resilient."

As Gunnison Valley Health's Trauma Coordinator, Lambert leads a variety of community campaigns, including Stop the Bleed and Hands Only CPR, designed to educate and support the community. Additionally, Lambert works collaboratively with Gunnison Valley Health's nurses, physicians and ancillary services to ensure that the health system is ready to respond to critical care situations and their actions support the best outcomes.

For Malcolm, his leadership during the pandemic and his ability to build and support a strong and massively successful team are two small examples of what makes him a high-performing

Under Malcolm's leadership, Gunnison Valley Health Paramedics have gone above and beyond to embed themselves within the community through their participation in Gunnison Valley's Incident Command and proactive approach to community education. With a response perimeter of 4,400 square miles, the team specializes in remote patient care and austere mountain rescue. Malcolm and his team are progressive and focused on mastering and employing only the best cutting edge, evidence-based medicine.

Gunnison Valley Health former CEO Rob Santilli said that the award recognition of Lambert and Malcolm reflect the pair's incredible dedication and commitment to emergency medical services in the Gunnison Valley and beyond.

"I could not be more proud of the work that Gina and CJ do for the health system and for the community every day," Santilli said. "To be recognized at this level is an outstanding achievement. Their work has a tremendous positive impact on our community. They are saving lives."

Community Partner Spotlight: Living Journeys Supporting Residents Impacted By Cancer

iving Journeys, Gunnison County's cancer support organization, provides financial grants, emotional support, transportation assistance, nutrition and enrichment programs to Gunnison County residents affected by cancer. Financial grants help offset lost wages and costs associated with cancer treatment. Support groups and private therapy provide emotional support and tools to promote well-being throughout diagnosis, treatment and surviving cancer for the patient, caregivers and children. Living Journeys' youth group meets regularly to provide support, community and activities for children and teens in the Gunnison Valley. Our transportation assistance is a big relief. We have many volunteers able to help drive our clients to treatment, which is so helpful. Also we can reimburse when traveling for treatment, for gas and lodging. Our nutrition program was created in 2020 to keep our clients and their families home during COVID. We quickly realized how important healthy weekly meals and produce boxes are to our clients in treatment or recovering from treatment so this program has not only continued but has grown and we host an oncology nutritionist throughout the year to help answer questions and give healthy recipes to our clients.

Enrichment programs allow individuals and families to experience adventures, recharge, adapt, process and enjoy life. Our vision is that no one in Gunnison County has to fight cancer alone.

Living Journeys accomplishes its mission by helping individuals and their families that have been impacted by cancer. Based on the belief that no one fights cancer alone, our staff quickly assesses needs and assists in solutions. Working with all the members of the family, Living Journeys works hard to help clients balance their normal responsibilities with their new battle for survival, finds financial solutions to mounting medical expenses, helps to manage emotional stress by hosting 4 support groups monthly, 2 cancer support groups, caregiver and bereavement support groups as well as private therapy. Our staff and committed volunteers help fulfill the needs cancer creates including financial assistance, nutritious meals or help with transportation to treatment. Living Journeys wants to bring hope and comfort to our community members affected by cancer.

Living Journeys 2021 Impact:

- We granted \$110,000 in direct financial grants to help with rent/ mortgages, medicals bills, treatment not covered by insurance and essential needs.
- More people received support from Living Journeys than we served in 2017, 2018 and 2019 combined. In the past three years, Living Journeys has provided approximately 165 clients and their families with support that includes one or more of our programs.
- This year, we delivered over 3,200 homemade nutritious meals and 250 boxes of fresh produce.
- Since 2017, we have provided over 1000 hours of private therapy with a licensed therapist for both adults and children.
- We have provided over \$10,000 in transportation reimbursement to clients having to travel to treatment and we helped coordinate over 40 rides to treatment with our volunteers.







The GVH Foundation sponsored the Living Journeys Annual Summit Hike in Mt. Crested Butte in July.

Gunnison Valley Health Foundation Funds **Concussion Testing** for Local Athletes

he Gunnison Valley Health Foundation approved funding in October 2021 for ImPACT testing for athletes in the Gunnison Watershed School District, Western Colorado University and various club sports groups across the valley.

Concussion is a challenging diagnosis, with no current objective diagnostic test. Return to sport after concussion carries inherent risk, including more catastrophic brain injury in the setting of repeat head trauma prior to full healing.

In order to optimize safety for athletes returning to play, Gunnison Valley Health has instituted impact testing as a tool to try to add objectivity to the return to play process. ImPACT testing is a computer neurocognitive assessment that is FDA cleared and evidence-based. It is given at baseline (prior to starting sport) and then re-administered post-injury to provide objective information about several domains of healing. ImPACT testing does not operate as a substitute for proper medical evaluation and management, but serves as an additional tool to promote optimal safety in decision-making for return to activity.

The Foundation is thrilled to provide this incredible resource to the young athletes of our community!



GVH Mountain Clinic Supervisor Jeff Issac provided an overview of the clinic to the Crested Butte Ski Patrol at an event in Mt. Crested Butte in December.

What patients are saying ...

"Was very well taken care of. Lots of compassion and friendly faces. Helped ease my anxiety. So grateful for every person there."

Maternal Mental Health Services

A New GVH Initiative Funded by the Foundation

n June 2021, the GVH Foundation Board approved a funding request from the Family Birth Center to support mental health for women in the perinatal period (time period surrounding childbirth) through the hiring of a maternal social worker. Louise Perry, MSW, was hired in early October to help mothers in a therapeutic capacity to assure they are set up for success and are able to put their best foot forward when bringing home their child for the first time. She meets with mothers that are at high risk for perinatal mood disorders in the prenatal period and continues working with them for at least the first 12 weeks postpartum. If further support is needed, connections are made with other community resources.

Louise Perry, MSW, has lived in the Gunnison Valley for over 10 years, where she has worked with families across the county to provide childbirth education, doula support and childcare. During this time, Louise found a great need for mental health services for birthing individuals during pregnancy and postpartum. Louise earned a Masters in Social Work in order to provide specialized mental health care for those suffering from perinatal mood disorders such as postpartum depression and anxiety within the community.

Working with the Womb to World program at Gunnison Valley Health, Louise provides evidencebased therapy to help alleviate debilitating symptoms birthing individuals often experience silently preventing them from feeling like themselves and enjoying this special time. As a mother herself, Louise believes no one should white knuckle it through pregnancy,

birth or postpartum. She



knows motherhood comes with great change and just like the importance of prenatals, mental health is critical to the health and well-being of the child, mother, and the family as a whole. She uses collaborative, nurturing support to set up individuals for success in motherhood by using clinical interventions including cognitive behavioral therapy and mindfulness practices.

GUNNISON VALLEY HEALTH FOUNDATION **2021** Financial Summary



Total Assets: \$3,578,101.14



Total Income (including investments): \$814,601.18



Grant Funds Received: \$193,071



Hospice Endowment Fund Balance: \$332,587.57



Funds Raised for Behavioral Health: \$105,200



Restricted EMS Donations and Pledges: \$4,347,275



Hospice Contributions: \$21,585



Contributions to Gunnison Valley Health Programs: \$123,883



Scholarship Funds Expended: \$27,651



High Peaks Employee Club Contributions: \$12,564.71



The GVH Foundation sponsored the Community Foundation of the Gunnison Valley's Asleep at the Wheel concert at the Ibar Ranch in Gunnison.



GVH Foundation hosted a free community event in March 2021 called "Spring into Health" at Town Ranch in Crested Butte.

SPECIAL THANKS TO OUR GENEROUS SUPPORTERS WE CAN'T DO IT WITHOUT YOU!

Doctors Support Circle (\$25,000-99,000)
Community Foundation of the Gunnison Valley Katz Amsterdam Charitable Trust **Gunnison County**

Quality Care Ambassadors (\$10,000-24,999)

City of Gunnison Rocky Mountain Health Foundation El Pomar Foundation Town of Crested Butte Carol Ann May Town of Mt. Crested Butte **Brad Sethness Foundation** Martha Violett Jim Runner

Education Excellence Patrons (\$5,000-9,999)

Gunnison Home Association Jack and Mary T. Blake

Surgical Benefactors

(\$2,500-4,999) Reggie and Susan Coon Mac and Brooke Beasley Tough Enough to Wear Þink Mrs. Kendyl Truettner Family Foundation Western Slope Fire & Safety Bill and Lenni Burke Dale and Donna Nielsen Daniel Sethness Foundation Don Haver Patti Hensley/Blue Bird Realty Roger and Sandy Dorf St. Mary's Hospital Stacey McDonald

Emergency Medical Society (\$1,000-2,499)

Shannon Frias Community Banks of Colorado Richard Tocher Rotary Club of Crested Butte/Mt. Crested Butte **RM Taylor** Dawn Scheffel Kris Brumley Alpine Lumber Charles and Rebecca Wilkins Bruce and Debbie Alpern Christopher Baggott Donald and Jennifer Ochs Dr. Walter and Stacy Peters Jeannette and John Williams Milton Van Dyke Nick and Brenda Spallone Patricia Collins Richard and Mary Allen Ronda Connaway Thomas K. Loughlin William Peatross

Family Medicine Supporters (\$500-999)

Monroe and Carol Spector Alpine Getaways William and Suzanne Sullivan M Ventura Design Alisa Corey Dr. John Tarr Marlin Moore Michael Boyce lan and Molly Eldridge Chuck Cliggett and Nancy Reimer Log Dawg's Wiener Wagon Talk of the Town **Brett Bruce** Eric and Marsha Thorson Jim and Kathy MacAllister Paula Swenson PCI Construction CB Enterprises Gunnison Liquor Timeless Landscaping Kathryn McGee Beverly Griffith Ben Phelps Beverly Ross Blackstock Bistro Bob and Kelly Brutsch Daryn Eudaly Dea Family Foundation Jennifer Bess John Segal John and Emily Bruno John Thornton Kathleen and James Seitz Dr. Sanders and Linda Benkwith Mickie and Jeff Bragalone Mountain Tops of CB Paul and Mary Blattner Randall Laudick Raymond Sprague Richard and Marcelyn VanHouten **Robyn Tutor** Rotary Club of Gunnison Russell MacDonald Ryan Wanger Skyhigh Offroad Three Rivers Resort

Nursing Advocates (up to \$499) Corey Electric Shawn Meldrum Purple Mountain Lodge Steve Gibbs and Narda Lebo Susan Gellert **Margaret Gunter** Randall Corley Christian Green The Gunnison Bank John Mortell James Erwin Jim Bodkin Steven Kellogg Dolly's Mountain Shuttle Carol and Bill Bennett

Mary Anne Tarr Julie Katheiser Kim and Ted Bemis Martha Graves George Stowell Acli-Mate Anne Lamkin Kinder Cathy Steinberger and Eric Peterson Clark Family Fund Faust Builders Jan Van Gorder John Garrett Kathryn Kissam Kenneth and Marla Drucker Mary Weidner Mountain Fireplace Mountain Windows OffCenter Designs Peak Property Management Randy Ewing Robert and Marsha Voss Tom and Laura Field Ursula and Virgil Price Kimberly and lan Wrisley Scott Arnold Bette Benson Callie Parkman Elizabeth and Carson Taylor Ellen Clark Handworks LLC Jennifer and Matthew Birnie Katherine Lucas Kimberly Raines Philip Berggren Rebecca and Tom Mitchell Robert J. Varga Brad and Jen Willett David Dalleck **Eric Roemer** Jerry Hillestad Jerry and Arlene Kowal Edward Morelu **Charles Tutor** Darrell and Harriet Sollberger Debra Collins **Hughes Kley** Scott and Megan Reamer Derik Breiner Crested Butte Butler High Mountain Liquor Kochevars Lawrence Pribble Michael O'Brien Richard Borgaard Richard Mack Studio West Thomas Murphy Matt Prudhomme Barbara Hoe C. Kevin McGeehan Carl & Ruthie Long

Carlson Granger

Charlene Rowland

Christopher Wilson

Community Church

Deborah Kostiv

Debra Sporcich Diane and Sean McCormick Gloria Besecker James and Nancy McMurry James Gazzoli Jill Norris John Mikkelson Joseph De Compiegne Katherine and Steve Haase Kathryn Yarbrough Margaret and Kevin Crandell Marjorie O'Reilly Maryo Ewell and George Sibley Nancy and Galen Houston Peter Cook Powerstop Rita and Jim McDermott Robert Kauffman Roger Cram Salih Varoglu Sam Nay Sandra and Burt Guerrieri Sandra Cortner Sophie Dessureault Stanley Crossman Steven Moore Sue Peterson
Telly Meier
The Community Church
Western Slope Fire & Safety William and Kathie Powell Julie and Brad Baca Dan and Michelle Zadra Steven Voet Mark Adams Whitman Stansbury Andrea Hedean-Stansbery Barbara Amstutz Carol Stanley Carole Loken Chet and Jane Paris Cynthia Kuehn Deena Buffington **Doris Kuiper** Elizabeth Morris Gregory and Patti Kruthaupt Irene Irby James Katheiser Jane Martindell Janet Dallamura Janie Kelley Kevin Dietz M G Walton Mary Lou Harnish Molly Minneman Hap and Narcissa Channell Robert and Danette Wattles Sally Brandenburg Thomas Hughes Klaus and Karin Wisiol Lauana Langston Clarice Cowan **Lindamel Murray** Melva and Rick Barton

What patients are saying ...

Jeff Elmore

Marjorie Bristol

"I cannot say enough good things about my experience with all of you! What an excellent team you have! I tell everyone about the superb care you took of me and the great experience I had (considering it was an emergency). I felt I was in excellent hands. Thank you so much!'

Gunnison County Mobile Crisis Team **A New Path for Mental Health**

n July 1, 2021, mobile crisis services were initiated by the GVH Behavioral Health Department for Gunnison and Hinsdale Counties. These services were made possible with financial support and collaboration with all local law enforcement agencies and financial support from all municipalities and a contract with Rocky Mountain Health Plans. The launch of the program has been incredibly successful and positive community impacts were witnessed immediately. Three masters level clinicians provide 24/7 coverage with an average response time in Gunnison of 6 minutes and a response time of 30 minutes to Crested Butte (state requirement is 2 hours).

Initial feedback on the performance of the mobile crisis team has been very favorable. Law enforcement appreciates the

immediate support from a mental health provider under a co-responder model that allows the officers to be released to their regular duties; leaving community members in capable hands for the mental health care. Community members in crisis have noted feeling more comfortable being evaluated in the least restrictive environment possible (usually at home) and not being admitted to the emergency room in order to receive help.

Most community members receiving mobile crisis services are released to a trusted friend/relative with a safety plan and follow up for behavioral health

services. We are finding that the stigma of accessing mental health services and asking for help is a reality in our community and it is extremely difficult to navigate the various systems to access services in a timely matter. This is compounded by the overwhelming stressors of financial challenges, housing and food insecurity and employment difficulties plaguing our community.

Success of the mobile crisis team is measured through the following performance indicators: reduction of emergency room visits for behavioral health patients, response time of the team under one hour from time of deployment and provision of outpatient behavioral health services within 48 hours of encounter with the team.





49% females served

Average age: 18-30 years old





Disposition: Safety Plan with discharge/mental health appointment: 89% Emergency room admission: 7% Admission to psychiatric facility: 2% Admission to detox: 2%



2021 **Board of Directors & Staff**

Officers

Dr. John Tarr, President Shelley Jansen, Vice President Martina Walton, Secretary Alisa Corey, Treasurer

Board of Directors

Laura Calvin Marla Covey Carol Ann May Megan Mensing Steve Ogden Sarah Otero Rob Santilli Carol Spector Cathy Steinberger Mark VanderVeer

Foundation Staff

Jenny Birnie, Executive Director Tammy Scott, Foundation Coordinator



The GVH Foundation held its annual "Night of Caring" gala at the Center for the Arts in Crested Butte





ough Enough to Wear Pink has committed to ongoing annual support at GVH and they have developed a detailed strategic plan to carry out their goals. The number of people diagnosed with breast cancer is expected to rise by more than fifty percent by 2030. Managing this increase will present a huge challenge for the United States, and Tough Enough to Wear Pink in conjunction with Gunnison Valley Health are stepping up to this challenge and dedicating significant funds and resources to improve and advance breast cancer services in Gunnison County.





is right here at Gunnison Valley Health

THE TEAM...









IMAGING

DR. KARL HASSELBACH DIAGNOSTIC RADIOLOGIST

> **ROBYN COLE BREAST IMAGING SPECIALIST**

SURGERY DR. STEPHANIA TIMOTHY

CANCER CARE DR. PAULETTE BLANCHET **ONCOLOGIST**

CHUCK TURNER DIRECTOR OF ONCOLOGY

SUPPORT **ONCOLOGY REHAB** INTEGRATIVE THERAPIES

THE EQUIPMENT...



3D Mammography

Finds more invasive breast cancers than 2D exams.





Stereotactic Breast Biopsy Precisely identify and biopsy an abnormality within

the breast.



CoreVision Specimen Imagery Confirms a successful biopsy procedure in real-time.



Breast MRI Coil

High-risk breast cancer patients, those with dense breasts and further diagnostic imaging.

THE SUPPORT.



Thank you Cattlemen's Days Tough Enough to Wear Pink! We would not have the egupment to provide extensive breast care services without your continued support.

WWW.GUNNISONVALLEYHEALTH.ORG | 970-641-1456







711 North Taylor Street Gunnison, CO 81230 WWW.**GUNNISONVALLEYHEALTH**.ORG/FOUNDATION 970-642-8400

> 2021 AT-A-GLANCE

489

Inpatient Admissions

1,925

Total Surgeries

1.801

Days of Patient Care

63,780

Outpatient Visits

5,873

Emergency Room Visits

2,010

Hospice Patient days

1,571

Ambulance Calls

14,155

Rehab & Athletic Medicine Patient Visits

117,333

Lab Exams

2,905

Mammograms

128

Newborn Births

1,220

Oncology Total Visits

30,030

Total Meals Served

82,441

Patients Treated Annually

